

CAMBRIDGE IYENGAR YOGA INSTITUTE (CIYI)

Why should I join the CIYI?

- You will be able to keep in touch with all of the Iyengar classes and events taking place within the Cambridge area;
- You will get cheap offers on Iyengar books, tapes and videos;
- You will get money off local and national Iyengar Yoga events;
- You will gain automatic membership of IYA (UK) – this means you will receive IYENGAR YOGA NEWS twice a year, keeping you up to date with Iyengar Yoga news nationally, and you will qualify for significant reductions on all IYA (UK) events;
- Last, but not least, you will contribute to the Iyengar Yoga community both locally and nationally.

What is the Iyengar Yoga Association (UK)?

The Iyengar Yoga Association (UK) was formed in 2003 out of the two previously existing Iyengar organisations (Light on Yoga Association and BKS Iyengar Yoga Teachers' Association) and is a national association for all Iyengar Yoga practitioners. It provides information about Iyengar Yoga events in the United Kingdom. Many groups of members have formed "institutes" or local groups which themselves spread information and hold events on a local scale; others remain as individual members. Members receive a twice yearly glossy magazine. The main annual events are the two national conventions.

Our subscription rate of £8.50 per year also covers membership of the Iyengar Yoga Association (UK) (the individual members rate for joining IYA directly is currently £13.50, so the CIYI membership represents excellent value for money).

If you would like to join the CIYI, please fill in the details below (in CAPITALS) and send with a cheque for £8.50 (payable to "CIYI") to:

Sasha Perryman, 59 Norfolk Terrace, Cambridge CB1 2NG

Name:

Address (including postcode):

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Telephone: e-mail:

Signed: Date: