



B.K.S. Iyengar Yoga Teachers' Association

## **West Suffolk Iyengar Yoga Centre**

[www.iyengaryogasuffolk.co.uk](http://www.iyengaryogasuffolk.co.uk)

*Jane Perryman, Wash Cottage, Clare Road, Hundon, Suffolk CO10 8DH*

*01440 786228 [jane.perryman@btinternet.com](mailto:jane.perryman@btinternet.com)*

### **Winter / Spring Courses 2011**

Fees are payable in advance for the whole course. Now that I am offering 2 extra classes there is more flexibility to make up if you miss your class.

#### **Mondays Intermediate Level** (Hard working class - 2 years practice required)

10 January - 28 March 6.30 - 8.30pm (12 weeks)

Cost £168 to be paid in advance for the whole course

#### **Wednesdays General Level** (General class including beginners)

12 January – 30 March 9.30 - 11am (12 weeks)

Cost £144 to be paid in advance for the whole course

#### **Thursdays General Level** (General class including beginners)

13 January – 31 March 7.15 – 8.45pm (12 weeks)

Cost £144 to be paid in advance for the whole course

#### **Fridays General Level** (General class including beginners)

14 January – 1 April 9.30 - 11am (12 weeks)

Cost £144 to be paid in advance for the whole course

**For hard working students** two classes a week £288 / £264 (24 classes)

**New Students** can try an initial 'taster' class at £15 before committing to the term.

**One to One Tuition** £50 for 1 hour, £75 for 1 1/2 hours

**Regretfully, classes can not be carried forward to next term.**

To book your place email [jane.perryman@btinternet.com](mailto:jane.perryman@btinternet.com) or phone 01440 786228 and post a cheque made to Jane Perryman at above address.

Parking – cars can be parked tightly in the driveway during winter months.

Jane Perryman has been teaching Iyengar yoga for 27 years and holds both the Introductory and Junior Intermediate Level 3 teaching certificates. She is currently training for the Senior Level 1 certificate.

